

Scapulohumeral myofascial pain syndrome

Karimova G., Bilalova A.

Kazan Federal University, 420008, Kremlevskaya 18, Kazan, Russia

Abstract

© 2016, International Journal of Pharmacy and Technology. All rights reserved. The latent or active local myofascial hypertonicity is a component of muscular tonic pain syndromes in the scapulohumeral region and a triggering factor in the long chain of subsequent changes. Expansion of contractile activity of several muscles contributes to the formation of regional and generalized muscular-tonic syndromes in the scapulohumeral region. A subsequent clinical pattern is dominated by the independent existence of the syndrome, supported by local and regional degenerative changes of muscle and bone tissue in the affected quadrant. Development of adequate acupuncture recipes for the treatment of pain syndromes in the scapulohumeral region continues to be relevant. The combined use of acupuncture and manual therapy has shown a high therapeutic efficacy in the treatment of patients with myofascial hypertonicity in the scapulohumeral region.

Keywords

Acupuncture, Manual therapy, Myofascial hypertonicity, Myofascial pain, Scapulohumeral pain syndrome